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ABSTRACT

This book, stressing safety and prevention of accidents, is designed for children and adults to read together. Each chapter uses a Stop, Think, Act, and Remember (S.T.A.R.) formula to guide children through common situations that require first aid skills. Each first aid topic begins by presenting one or more problem situations that are solved by reading and discussing the chapter. Each chapter contains a reminder for children to notify an adult about any unusual incident and teaches them how to reach an adult for support during these unexpected events. New skills are reinforced through role playing and repetition of the S.T.A.R. formula. The guide covers the following topics: (1) the choking person (conscious); (2) the unconscious person; (3) electric shock; (4) falls and broken bones; (5) clothes on fire; (6) burns; (7) poisonings; (8) cuts, bumps, and bloody noses; (9) something in the eye; and (10) a knocked-out tooth. An activities chapter provides instructions for assembling a small first aid kit, fill-in-the-blank and multiple choice test questions (answer key included), a S.T.A.R. Emergency Card that provides a place for children to list important names and telephone numbers, and a Certificate of Merit to be awarded to each child who has studied this book. A glossary is provided at the end of the manual. (LL)

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